



Personal Health Record of:

Test Account
123 test avenue
Columbbia, SC 29201

DOB: 1935-07-11
Home Phone: (555) 555-5555

Emergency Contact

Jane Doe (Sister)

Phone: (555) 555-5555
Alt: (555) 555-5555

Allergies: None

Current Diagnosis: none

Health and Long Term Care Providers

<i>Name</i>	<i>Phone</i>
Andrew (Home Care Consultant)	_____
Dr. Jones (primary MD)	(555) 555-5555
CVS (pharmacy)	(555) 555-5555
_____ (specialist)	_____
_____ (homecare agency)	_____
_____ (hospital of choice)	_____
_____ (counmunity services)	_____



My Medications List

<i>Name</i>	<i>Dose</i>	<i>Instructions</i>	<i>Reason</i>	<i>Pharmacy</i>
Vitamin	1 pill	taken in the morning	no particular reason	CVS

Doctor Appointments

<i>Date</i>	<i>Doctor</i>	<i>Reason</i>

Every time you talk with your doctor, use the Ask Me 3 questions to better understand your health.

1. What is my main problem?
2. What do I need to do?
3. Why is it important for me to do this?

*****Remember to call your Home Care Consultant*****

Hospitalization Information

<i>Date</i>	<i>Hospital</i>	<i>Were you admitted? (circle one)</i>	<i>Reason</i>
		Yes No	

Every time you talk with your doctor, use the Ask Me 3 questions to better understand your health.

1. What is my main problem?
2. What do I need to do?
3. Why is it important for me to do this?

*****Remember to call your Home Care Consultant*****



Notes